



Rose Ariadne's 7 Day Magick Mini Course - Day #6:

"Letting Go Of The "Auric Healing" Spell"

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[Rose Ariadne's Blog](http://www.rose-ariadne.com)
<http://www.rose-ariadne.com>

[Mastering The Magick Of Witchcraft](http://www.masteringmagickwitchcraft.com)
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Dear Friend,

Are you ready to feel reeeally good?

I sure hope so, because the spell we are going to work with today I have modified just for you!

If you want to download this lesson instead of just having an email, [click here](#). (make sure you are online first)

I showed you how important it is to "let the spell go" yesterday - and today you are going to practice it for real when you cast the **Auric Healing** spell for intense inspiration (*and little warm fuzzies!*).

This spell is all about feeling wonderful - and isn't that what life is all about? ;)

So, let's get started on the Auric Healing spell - and remember, right after you cast the spell you are going to *let it go out of your mind...* and I mean try to completely forget about it, and just go on with your life!

Here we go, just follow my lead...

1. The first thing you are going to do is to check your belief and Internal Sacred space...do you feel as though you believe in your Magick today? (it's a funny thing, some days you feel much more belief than others...) If you don't have 100% belief, take some time to do the belief ritual I showed you way back in Day #1. **Do you feel the sacred space inside of you?** Do you have any negative feelings that have come up in the last day or so? If so, I also want you to prepare your Internal Sacred Space like I showed you in Day #2. Clean all of that negativity out of your Magick energy - *and leave only the things that are sacred...*





2. Ok, you have 100% in yourself, and your Magick - and your Internal Sacred Space is clean of all negative thoughts and emotions... **you are ready to begin.** Go ahead and set up your External Sacred Space including making sure it is clean of clutter, your altar (this time though, you want to add a 3rd candle that represents YOU...try to get one that is your favorite color if you can and position it in front of you on your altar), and when you are ready - cast your Magick Circle.

3. Now, light your God and Goddess candle, and then, as you light the 3rd candle (the one that represents you) say the following:

***"This candle represents me,
All that I am,
All that I was,
And all that I'll be"***

4. As you sit in front of your altar, close your eyes and try to visualize *YOURSELF* in your mind. Now imagine your aura, a light around you. What color is it? What is the first color that you see around yourself? *Hold this image of yourself surrounded by your aura in your mind...*

5. Now, open your eyes and look at your candle and visualize that same color aura around the candle the represents you...you will begin to actually "see" an aura surrounding your candle.

6. As you gaze into the light of your candle, see the aura gradually change colors from the original to yellow...(if it was already yellow, visualize the aura around your candle turn a brighter, deeper yellow). See the yellow aura deepen, brighter and brighter...

7. As the yellow deepens, begin to visualize it changing from deep yellow to a soft orange...gradually deepen the orange color of the candle's aura. See it turn a deeper, brighter orange.

8. Now see the orange aura around your candle begin to fill your own aura all around you. As if the orange was pouring out of the candle, filling your space with it's deep orange... feel the warmth of your aura filling (and whatever color it was before, draining away and being overcome with the orange).

9. Once your aura has been filled with the orange light from the candle say...

***"My aura changes to boost my spirit,
A color of happiness, joy, and glee
Inspiration and wonder come to me..."***





***When this spell is done,
My emotion and spirit will run,
But my mind will rest, my thoughts released..."***

10. Sit for a moment longer and feel the warmth of your now deep orange aura filling you... orange is the color of inspiration and intense happiness - feel these emotions welling up within your heart, fueled by the orange all around you. ***Feel the orange pouring into you filling you with pure joy!***

11. Now, snuff out your candle, and then the candles of the God and Goddess... open your circle, put away your altar (if you want) and...

12. Forget about the spell. Let the Magick work. You have just used your Magick energy to change the color of your aura... now, prepare to feel complete bliss for the next couple of days (at least). **But don't think about the spell, just let the Magick work.**

Feel good? You've just successfully changed your aura to the color of inspiration and joy. *Your heart is going to sing*, and be open to all of the good you have just created within yourself.

So, in up until now we've learned **how to believe, how to create our Sacred Spaces, how to protect ourselves, how to let spells go** (one of the biggest secrets to success), and **how to change our aura for inspiration...**

If you want a fully guided journey (where you will be taken by the hand) through even more Magick techniques – and hundreds of spells for every desire – you owe it to yourself to have a look at my [Witchcraft Home Academy](http://www.masteringmagickwitchcraft.com) at <http://www.masteringmagickwitchcraft.com>. It will show you how to put all of your tools for tapping into Magick energy to work – by creating miracles in your life (and the lives of your loved ones...they'll thank you for it, I promise)

You are really doing well... and on our final day together, I have got something really special for you (and you'll get your first look on creating a miracle for yourself). **See you tomorrow for Day #7 our last day of "lessons"... ;)**

Endless Blessings,

Rose Ariadne

Your Warm and Caring "Resident Witch In Charge"

P.S. I'd love to hear how this worked for you, please let me know here...

<http://www.rose-ariadne.com/tell-rose-ariadne-your-story/>





And make sure to visit the blog periodically to check my new posts:

<http://www.rose-ariadne.com>

Oh, and check out my life's work here...

<http://www.masteringmagickwitchcraft.com>

P.P.S. If you have a friend or family member that could benefit from these lessons, please send the lessons to them. You can either email the lessons to them, or just tell them to visit my blog and other sites by using this special webpage:

<http://www.rose-ariadne.com/tell/tell.cgi>

